

ABOUT THIS BOOKLET

Palliative care is meant to relieve the symptoms and side effects of a disease and its treatment. It should be provided throughout the pancreatic cancer journey. Studies have shown that there are measurable benefits to palliative care, and that patients are more likely to adhere to their treatment and manage their illness in the absence of physical or emotional distress. Good palliative care can manage difficult side effects, as well as symptoms. It may enable patients and families to fight the cancer more effectively.

In this booklet, the Pancreatic Cancer Action Network aims to provide basic information about palliative care options available to pancreatic cancer patients, survivors and caregivers and answer frequently asked questions. Use this booklet as a reference guide when talking about palliative care with your healthcare team.

People with pancreatic cancer who are facing end of life will have special needs that are not covered in this booklet. Patient Central Associates at the Pancreatic Cancer Action Network are trained on a wide variety of topics relating to pancreatic cancer. They have access to resources that may help address these concerns.

Contact a Patient Central Associate toll-free at 877-272-6226 or by email at patientcentral@pancan.org. Associates are available Monday – Friday, 7 a.m. – 5 p.m. Pacific Time.

A glossary is provided at the end of this booklet for **bold** words in the booklet's text.

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